



Notes: Herpes in pregnancy

- First episode of herpes: give a 5d course of oral aciclovir (&GUM clinic)
- Caesarean section if first infection at the time of delivery.
- *Consider* CS if the first infection within 6w of EDD.
- No need for CS if first infection in 1st or 2nd trimester – but consider daily suppressive aciclovir in the last 4w of pregnancy
- Recurrent herpes lesions at the onset of labour – risk to neonate is small – discuss mode of delivery with mother.