



Notes: Causes of Hirsutism

- **Idiopathic** (familial) hirsutism
- **Ovarian:**
 - PCOS
 - Neoplasms
 - Arrhenoblastoma
 - Gonadoblastoma
 - Hilus cell tumour
 - Pregnancy luteoma
- **Adrenal**
 - CAH
 - Cushing's syndrome
 - Neoplasms
- **Iatrogenic/drugs**
 - Anabolic steroids
 - Danazol
 - Phenytoin
 - Androgenic progestogens (high doses)



Notes: Hirsutism/ Treatment

- Cosmetic measures
- Reduce androgens (COCP)
- Inhibit androgen (cyproterone acetate, spironolactone)
- Increases SHBG (COCP)
- Decrease hair follicle sensitivity (finasteride)