



# Notes: HIV

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## ■ Gynaecology

- Increased risk of cancers, including **cervical cancer**
- Annual smears
- Increased risk of vaginal infection, esp. candida
- Use barrier + other reliable contraception
- In serodiscordant couples, consider artificial insemination by donor or sperm washing/swim-up

## ■ Obstetrics

- Risk of vertical transmission without care is 15-35%; with interventions, it drops to 2%
  - Antiretrovirals from second trimester (oral), during delivery (iv), and then to neonate (oral, for 6w)
  - Caesarean section (50% reduction)
  - Avoid breast-feeding
- Avoid invasive tests such as amniocentesis
- Multidisciplinary care