



# Notes: pelvic inflammatory disease

## ■ Clinical features:

- Lower abdominal pain and tenderness
- Deep dyspareunia
- Abnormal vaginal or cervical discharge
- Cervical excitation
- Adnexal tenderness
- Fever  $>38^{\circ}\text{C}$

## **OPD ABX regime for PID (RCOG):**

Oral Ofloxacin 400 mg BD 14/7

Oral Metronidazole 400 mg BD 14/7

## ■ Need for admission to hospital (RCOG guidelines)

- Surgical emergency cannot be excluded
- Clinically severe disease
- Tubo-ovarian abscess
- PID in pregnancy (rare)
- Lack of response to oral therapy (GP should review 72hrs after initial consultation)
- Intolerance to oral therapy